

<b>Subject name</b>	<b>Physical Education</b>
<b>Subject code</b>	PED
<b>Subject type</b>	General
<b>Subject fee</b>	Nil
<b>Prerequisites</b>	Minimum C Year 10 Semester 2 General English/Literature

### Course overview

In Physical Education students experience deep learning in three dimensions: about, through and in movement contexts (Brown & Penney 2012; Stolz & Thorburn 2017). In this subject, students will engage in a range of physical activities to develop movement sequences and movement strategies. The Physical Education syllabus is developmental and becomes increasingly complex across the four units. Students learn experientially through three stages of an inquiry approach to ascertain relationships between the scientific bases and the physical activity contexts. Students recognise and explain concepts and principles about and through movement, and demonstrate and apply body and movement concepts to movement sequences and movement strategies. Through their purposeful and authentic experiences in physical activities, students gather, analyse and synthesise data to devise strategies to optimise engagement and performance. They evaluate and justify strategies about and in movement by drawing on informed, reflective decision-making.

### Course outline

Unit 1		Unit 2	
<b>Motor learning in physical activity</b>	25%	<b>Sport psychology in physical activity</b>	25%
Formative internal assessment 1: Project – Folio: Touch*		Formative internal assessment 3: Project – Folio: Tennis*	
<b>Functional anatomy and biomechanics in physical activity</b>	25%	<b>Equity – Barriers and Enablers</b>	25%
Formative internal assessment 2: Examination - Combination Response: Touch Football		Formative internal assessment 3: Investigation Report	

Unit 3		Unit 4	
<b>Tactical awareness in physical activity</b>	25%	<b>Energy, fitness and training integrated in physical activity</b>	25%
Summative internal assessment 1: Project — Folio – Futsal		Summative internal assessment 3: Project – Folio: Athletics*	
<b>Ethics and integrity and physical activity</b>	25%	<b>Energy, fitness and training and physical activity</b>	25%
Summative internal assessment 2: Investigation - Report		Summative external assessment (EA): Examination — combination response	

\* subject to class numbers

### Assessment

Units 1 and 2 are devised to replicate instruments used in Units 3 and 4. Assessments in Unit 1 and 2 are formative. In Units 3 and 4 students complete four Summative assessments. The results from each of the assessments are added together to provide a subject score out of 100. Students will also receive an overall exit subject result from QCAA that is A-E.

### Course requirements

Due to the large amount of research based work and data gathering it is highly recommended that students are able to access the internet at home, the school library or local library and maintain sufficient storage for files. Student performance will be regularly recorded to provide evidence of performance capabilities.

### Career opportunities

A course of study in Physical Education can establish a basis for further education and employment in the fields of exercise science, biomechanics, the allied health professions, psychology, teaching, sport journalism, sport marketing and management, sport promotion, sport development and coaching.