

Subject name	Health
Subject code	HEA
Subject type	General
Subject fee	Nil
Prerequisites	Minimum C Year 10 Semester 2 General English/Literature

Course overview

This subject provides students with a contextualised strengths-based inquiry of the various determinants that create and promote lifelong health, learning and active citizenship. Drawing from the health, behavioural, social and physical sciences, Health offers students an action, advocacy and evaluation-oriented curriculum. Embedded in Health is the Health inquiry model that provides the conceptual framework for this subject. Health is developmental subject and becomes increasingly more complex across the four units through the use of the Health inquiry model.

Students will use an inquiry approach informed by the critical analysis of health information to investigate sustainable health change at personal, peer, family and community levels. Students will define and understand broad health topics (elective topics listed in Course Outline), which they reframe into specific contextualised health issues for further investigation. Students plan, implement, evaluate and reflect on action strategies that mediate, enable and advocate change through health promotion.

Course outline

Unit 1		Unit 2	
Resilience as a personal health resource. Formative internal assessment 1: Investigation - Analytical Exposition. Attending a curriculum camp is part of this unit. Costs are involved.	25 marks	Peers and family as resources for healthy living - Body Image. Formative internal assessment 2: Investigation - Action Research	25 marks
		Peers and family as resources for healthy living- Body Image Formative internal assessment: Examination - Response to stimulus	25 marks
Unit 3		Unit 4	
Community as a resource for healthy living - Homelessness Summative internal assessment 1: Investigation - Action Research	25%	Respectful Relationships in the post-schooling transition Summative internal assessment 3: Investigation	25%
Community as a resource for healthy living - Homelessness Summative internal assessment 2: Examination - Extended Response	25%	Respectful Relationships in the post-schooling transition Summative external assessment: Examination - extended response	25%

Assessment

Units 1 and 2 are devised to replicate instruments used in Units 3 and 4. Assessments in Unit 1 and 2 are formative. In Units 3 and 4 students complete four Summative assessments. The results from each of the assessments are added together to provide a subject score out of 100. Students will also receive an overall exit subject result from QCAA that is A-E.

Course requirements

Due to the large amount of research-based work it is recommended that students are able to access the internet at home, the school library or local library.

Career opportunities

A course of study in Health can establish a basis for further education and employment in the fields of health science, public health, health education, allied health and nursing.