

Subject name	Health
Subject code	THH (General subject)
Additional Subject fee	Nil
Prerequisites	C in English

Course Overview:**This subject leads to the following Year 11/12 subject selections: Health (General).**

This subject aims to provide students with a solid knowledge of the theories and frameworks that serve as the foundation of learning in this General senior subject. The students will apply this knowledge to the Health topic 'Alcohol' and explore community and personal attitudes and behaviours relevant to this topic through an inquiry-based learning process - define and understand; plan and act; evaluate and reflect.

Students are provided the opportunity to develop knowledge, attitudes, values and skills needed to actively participate in the development and promotion of equitable health outcomes for individuals, groups and the wider community. By investigating health issues, students apply the practices and principles that underpin health promotion to devise and justify strategies for improved health. Consequently, Health is an action-oriented subject that inspires students to implement and evaluate strategies to enhance their own personal wellbeing and society generally.

Students will develop their skills to plan, implement and evaluate an action strategy to advocate, mediate and enable change in relation to alcohol use in a peer and family health context. An inquiry approach is used to define and understand alcohol as a broad health-related topic and reframe the chosen topic into a narrow, contextualised health issue. Students investigate the risk factors and protective factors, individual and socioecological resources that are needed for healthy living through a peer and family health context. Primary data and secondary data trends are analysed to inform the development of an action strategy to strengthen, maintain or adapt peer/family resources. The action strategy is implemented at school for a particular year level and evaluated with recommendations and reflection used to inform future investigations.

Assessment –**Term 3: Examination – Extended Response (200-400 words)**

The examination is a response to an unseen stimulus. Students are required to select one action strategy presented in the stimulus and compose a response to a question. Students will complete a context analysis and needs assessment. They will use two of the RE-AIM steps to evaluate and reflection on the innovation.

Term 4: Investigation - Action Research (1500 - 2000 words)

Students will begin this in Term 3. They are required to develop an Action Strategy in response to addressing the rise of adolescent alcohol use within the community. Students will be required to implement their action strategy as a health campaign to Year 10 students at Centenary Heights State High School.

Career Opportunities: Health science, public health, health education, allied health, nursing, medical professions.