AIMS: The learning area provides a foundation for developing active and informed members of society.

The area offers students opportunities to develop knowledge, processes, skills and attitudes necessary for making informed decisions about:
- developing concepts and skills for physical activity
- enhancing personal development
- how to enhance health and wellbeing

CONTENT

Practical:
Students will be involved in two of the following sports each term:
- Softball, European Handball, Netball, Basketball, Touch, Volleyball, Lacrosse, Soccer
plus a half day sports carnival each term

PREREQUISITES: A positive attitude towards physical exercise is essential. Students are required to participate to the best of their ability in all practical areas.

ASSESSMENT: Subjective assessment using checklists will be used to report on the students’ effort and behaviour. No subject achievement mark will be issued for Core PE

COSTS: (In addition to the Student Resource Scheme) Nil

CAREERS: Bachelor of Human Movements, Bachelor of Arts, sports coach/ trainer/ administrator, nurse, teacher, recreation industry, sports journalist, police, physical fitness instructor.

SPECIAL SUBJECT REQUIREMENTS:
Hat and sunscreen are required for outdoor activities. Students are required to wear the complete sports uniform to practical lessons. A hat is required for outdoor activities. Wearing sunglasses during outdoor activities is encouraged.