

Name:

## Study Planner

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 am							
:30							
7:00 am							
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8:00 am							
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9:00 am							
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8:00 pm							
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9:00 pm							
:30							

Name:

**Study Planner**

<b>My improvement aims</b>			
<b>Subject</b>	<b>Previous Result</b>	<b>My Aim</b>	<b>How will I achieve this</b>

**Study Timetable Tips**

- **The most effective study is in 45 minute sessions** - take small breaks as you need to study more effectively
- **Study is best done when most mentally alert** - First thing in the morning or at night depending on when you focus the most (morning or night person)
- **More time should be given to difficult and least-liked subjects** - this is so that you perform better in subjects you may otherwise fail. You don't need as much time spent on areas you are already good at.
- **Keep a balance** - Keep yourself balanced and include time to socialize, exercise/work and more so that you don't overload yourself with study and burn out

Setting up a weekly study timetable is a really useful tool as it helps you manage your all of the demands placed on your time. A large visual reminder of your plan will help develop daily study habits. These study habits are crucial for success in the senior school. Utilizing a term assessment planner will also allow you to plan ahead for exam study and assignment preparation.

**Alternate Digital Study Planners available from**

<https://www.mystudylife.com/> - Free Online study planner for Android, iPhone and Windows 8

[http://www.studentbox.com.au/notes/Set\\_up\\_a\\_study\\_timetable](http://www.studentbox.com.au/notes/Set_up_a_study_timetable) - Website to download 'Excel based Study Planner'