AIMS:
The knowledge, understanding and skills learnt through Physical Education enable students to explore and enhance their own and others’ understanding in diverse and changing contexts. The Physical Education Taster will prepare students to undertake the subject in Years 11 and 12 which focusses on an inquiry approach where students recognise and explain concepts and principles about and through movement, and demonstrate and apply body and movement concepts to movement sequences and movement strategies. This will then allow students to analyse and synthesise data to make informed decisions to improve performance. This subject aims to provide students with a solid general knowledge of a variety of sports with some emphasis on the sport of Volleyball. Students will be engaged in both practical (25%) and theoretical (75%) aspects that form this course of study.

CONTENT:
| Term 3 | Tactical awareness and Physical Activity |
| Term 4 | Ethics and Integrity and Physical Activity |

PREREQUISITES:
It is recommended that students have, at least, average physical fitness, coordination skills and a high level of literacy skills. It is also important that the student demonstrates a positive attitude towards physical activity as they will be expected to participate to the best of their ability for each practical session.

ASSESSMENT:
Term 3: Project – folio associated with their performance in the sport of Volleyball. Students will submit a Multi-Modal Presentation analysing their performance with a focus on tactical awareness.
Term 4: Investigative Report (Ethics and Integrity). Students evaluate the effectiveness of ethics strategies to optimise integrity and engagement in a range of physical activities.

Note: This subject will be approximately 75 percent theory and 25 percent application to practical activities. Physical performance in sport constitutes only 16 percent of the marks allocated to this subject.

COSTS:
(In addition to the Student Resource Scheme - SRS):
$15.00 for materials and consumables costs.

CAREERS:
Bachelor of Human Movements, Bachelor of Arts.

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<tr>
<th>Sports:</th>
<th>Nurse</th>
<th>Teacher</th>
<th>Recreation Industry</th>
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<tbody>
<tr>
<td>Coach/Trainer/Administrator</td>
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<td>Sports Journalist</td>
<td>Police</td>
<td>Physical Fitness Instructor</td>
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SPECIAL SUBJECT REQUIREMENTS:
Students are required to wear the complete sports uniform to practical lessons. Hat, sunscreen and water bottle are required for outdoor activities.