



# PRINCIPAL'S MESSAGE

## *Dear Families*

Our May edition of the school's newsletter is full of the wonderful activities and accomplishments organised for and by our students. Our school has now fully re-engaged after the disrupted start to the school year and we have lots to look forward to in the coming weeks.



Feedback is important and it was wonderful to see so many parents and carers attend our recent Parent/Teacher meetings. These events are a great opportunity to develop a strong partnership between the school and home by meeting with your child's teachers, hear about the progress of your child and together, navigate a way forward to continue greater learning success. For me, it gave me a good opportunity to meet members of the school community face-to-face. Optimal school performance happens when strong lines of communication exist between home and school so I encourage all parents and carers to engage with their child's learning by speaking with their child's teachers.

Our school has a comprehensive program to support the health and wellbeing of students. Our Wellbeing Team comprises a number of dedicated officers across both campuses at our school. If your child is feeling overwhelmed with aspects of their school life, please contact a member of our Wellbeing Team. It is timely to remind our community about some strategies we can employ to support all of our young people. Some things to consider include this advice from Headspace:

- **Build your options to handle tough times:** consider using art, music and journaling, spend time in nature, set small goals and get help to see them through and talk kindly to yourself.
- **Get into life:** Keep doing the stuff you love to do and the things that are important to you. Keep the fun in your life and do things that give you a sense of accomplishment and purpose, help boost your confidence and help connect with others.
- **Connect:** Spending time with family, friends (including pets) and people in your community can help strengthen your mental health and wellbeing. You can try things like volunteering, hobbies/ clubs and sports and finding a safe online community to help you feel connected and meet new people.
- **Stay active:** Staying active can help you sleep better, manage stress and boost your mood. Make time to take a break from study and work, whether it means going to the gym or just going for a walk. Whatever it is, start small and make sure it is something you enjoy.
- **Get enough sleep:** Sleeping well is good for your brain and body, helps you feel energised, stay focussed and help your mental health.
- **Eat well:** Eating well can improve your mood. Fill up on nutritious food (like veggies, fruit and whole grains) and drink plenty of water to give your body and brain all the power it needs to function well.

I am looking forward to seeing our school musical 'The Mystery of Edwin Drood', at the Armitage Centre on June 2-4. The staff and students that comprise the production team and cast have been relentlessly working towards their first curtain call. The production will be an amazing extravaganza of the artistic talents of our students and showcases the comprehensive arts programs we have at our school. Please make sure you do not miss out and secure your tickets for the show.

# PRINCIPAL'S MESSAGE

Please remember key information from my last COVID-19 communique with changes to processes in relation to close contacts. Students who are close contacts but show no symptoms should attend school, take regular RAT/PCR tests and wear a mask at school for seven days after becoming a close contact. The key message remains; monitor your health, manage your symptoms and if you are sick, stay home.

It is always a pleasure to see the amazing outcomes of our wonderfully dedicated students. It is equally affirming to see the support our school receives from our community and it is an honour to be the Principal of Centenary Heights State High School. If there is anything that the school can do to support your student to enhance their learning at our school, please let me know.

Kind regards

*Darren Cook*, Executive Principal

## ANZAC DAY CEREMONY

"And at the going down of the sun, we will remember them."

Centenary Heights students took part in our school ANZAC service, on site in the Caldwell Theatre, on April 22, 2022. Our school reflected and acknowledged the servicemen and woman who gallantly and bravely served for our country.

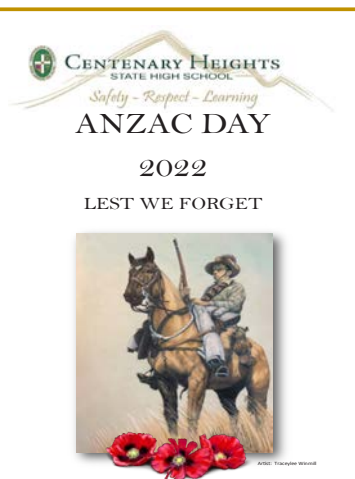
The ANZAC address was delivered by Flight Lieutenant James Champness. Flight Lieutenant Champness is a current serving member of the Royal Australia Air Force, 35th Squadron Training Flight; C27J Pilot. We are extremely appreciative of his service and his attendance our service.

In connection to the Toowoomba community and our school community, we honoured a Light Horseman of the 11th Light Horse Militia, Texas Troop, Mr Bob Campbell.

Our front of program artwork was produced by our staff member, Traceylee Winmill. Ms Winmill is an accomplished artist and honorary Trooper in the Australian Light Horse Association. The Light Horse was inspired by a militia-era photograph taken during a training camp at the Cabarlah Light Horse Training Grounds (now the Hampton Sports Ground). Traceylee Winmill was given the colour detail by other Light Horse veteran mates who were at the event where the photo was taken.

The trooper is "Big" Bob Campbell who was part of the 11th Light Horse Militia, Texas Troop. He was "Big" Bob because there was also another smaller Bob in the same troop, "Little" Bob. Bob and his troop members were from the local area stretching from Moree, North Star, Stanthorpe, Goondiwindi and through to Toowoomba and out to Dalby.

This photo was taken at one of the last training camps before the Horsemen rode their mounts down the Range to the railhead near Ipswich at which point they permanently handed their horses back to the army and were railed to Enoggera camp in Brisbane for redeployment. Bob and many of his comrades ended up fighting in inhumane conditions on the Kokoda Track against the Japanese.





# ANZAC DAY CEREMONY

Both Bobs survived thanks to their bushman skills and returned home to Goondiwindi and Texas to marry and raise families. "Big" Bob became a renowned polo player and horseman and travelled around the world as part of the Australian Polo teams in the fifties and sixties, rubbing shoulders and befriending royalty and the ultra-rich. Not bad for a bush kid with a sense of adventure and a keen set of survival skills.

Our point of difference at CHSHS is our ANZAC service is all live. Our concert band, conducted by Mr Nadan Gray, played for our service and our Li'l Ensom accompanied by Mrs Heidi Law sang 'In Flanders Fields'; both exceptional performances. Dylan Hickey, School Captain for 2022, played the Last Post and The Rouse on trumpet and, as always, was outstanding. For our army cadets who are students of our school, the ANZAC service provides opportunity to part-take in a catafalque party. Our cadets demonstrate their training, control, and discipline to the school community and their pride is palpable.

Mr Warrell along with Ms Croughan and the hospitality student team provided a superb morning tea for our guests.

On ANZAC Day our School Leaders, and Staff represented Centenary Heights SHS at both the Mother's Memorial Service and at Westhaven.

LEST.WE. FORGET

*Bronwen Mowbray*, HOD Performing Arts





# MUSIC IMMERSION DAY

On Friday April 1 2022 Centenary Heights SHS Music Department hosted the first Music Immersion Day in the Caldwell Theatre. The day scheduled a range of workshops that 200 students from our primary partnership schools could partake in a day of 'all things music' alongside our CHSHS music students. This opportunity provided a fabulous context for junior school musicians to 'taste' the high school music programme, upskill, learn and perform and was a perfect segue to our Music Excellence programme offered from Year 7.

Spearheaded by Heidi Law, the day involved music teachers from Centenary Heights SHS, Rangeville SS, Gabbinbar SS, and Middle Ridge SS who conducted and tutored the students throughout the workshops. The Music Immersion Day was a huge success, topped off by a community concert for over 400 parents and friends. A fabulous way to end the term.

Thanks to students from Rangeville SS, Middle Ridge SS, East Toowoomba SS, Gabbinbar SS, Fairview SS and Withcott SS for participating!

*Bronwen Mowbray*, HOD Performing Arts



# SPORTS REPORT

## 2022 Inter-House Cross Country

Congratulations to all students who competed in our Inter-House Cross Country. Due to rain, the Colour Fun Run was unable to go ahead on the day. We look forward to our houses competing for house points when this event occurs in Term 3. The outstanding efforts of our competitive runners ensured that our house points are so very close, meaning that every single point gained per lap from the Colour Fun Run will count towards the 2022 overall total.

Thompson 128  
Kenny 147  
Curran 149  
Swartz 150

Age	1st	2nd	3rd
12 Girls	Sananya Senarathne	Eva Collins	Sophie Chesher
12 Boys	Saxon Richter	Abdul Shakro	Leo Uren
13 Girls	Pip Beveridge	Millie Natalier	Maya Smith
13 Boys	Lachie Daley	Ivan Marzo	Samuel Wyllie
14 Girls	Mia Wilson	Rihanah Kizito	Kiralee Mulvena
14 Boys	Zac Harvey	Sadeer Ali	Michael Mayen
15 Girls	Ryleigh Parsons	Abigail Collins	
15 Boys	Beau Harvey	Deo Kalenga	Henry Harvey
16 Girls	Hannah Waterhouse-Dean	Kaitlyn Horncy	Jade Gaske
16 Boys	Jack Lyon	Lochie Uren	Bronson Wood
19 Girls	Brianna Martin	Kyrna Crump	Erica Wilson
19 Boys	Jack Ewing	Joseph Fry	David Ryan

Both the Under 15 and Open Boys Futsal teams participated in the SWQ Futsal Competition. Our Under 15 team were successful in qualifying for the grand final and will travel to Brisbane for the state championships. The Open Boys lost to Toowoomba Grammar 1- 0 in the quarter finals and are to be commended on their efforts. The Under 15 Football team are to play HSHS in the Bill Turner Cup Semi Finals. This match has been postponed due to the rain and the new date is to be advised.

Congratulations to the Boys Hockey team who for the second year in a row secured the Champion Boys Team title at the Darling Downs Schools Cup Hockey Carnival which was held at the start of the term. The team did well to win despite being a player short for the final. The boys defeated Downlands College 5 - 2.

The Darling Downs Cross Country Trials which were scheduled for May 17 have been postponed and will now go ahead on Tuesday, May 24. Nominated students will receive additional information via email.

*Bec O'Grady*, Sports Coordinator



# CROSS COUNTRY





# JUNIOR SECONDARY & LANGUAGES

On the languages front, we happily recommenced our Chinese excursions with a fantastic trip to Brisbane to take part in Chung Tian Temple's Buddha's Birthday Celebrations. We joined seven other schools from Brisbane to participate in an action packed day which included: Lion Dancing; Chinese Art; Tea Ceremony; Chinese Diablo and Meditation. It was so much fun to be again enjoying learning in a different setting.



Enjoying learning about and participating in a Chinese Tea Ceremony



## YEAR 6 to 7 in 2023 ENROLMENT INFORMATION EVENING

THURSDAY JUNE 9 - 5.30PM-6:45PM  
Centenary Heights State High School PAC

*Designed to ease the transition to high school, this event will include the sharing of critical information as well as address individual queries.*



Focused on our welcoming film inside the newly opened section of Chung Tian Temple.

*Tim O'Connell*, HOD Junior Secondary & Languages

## BASS DROP PROGRAM

The BASS DROP Program is facilitated by Chaplain Jason Berry and uses Rhythm 2 Recovery evidence based model (<https://www.rhythm2recovery.com/the-5r-model/>). The BASS DROP program involves students engaging in drum circle activities supporting topics tailored specifically to the nominated group. Why Drums?? Drums provide the perfect metaphors for describing life and the way it interacts in all its complexity. Drum rhythms are patterns, and patterns (including habits and routines) dominate human behaviour. The BASS DROP program also offers the younger grades a home-made drum in which the students paint themselves to use as their own drum for the final session and take home after completing the program.

*Jason Berry*, Chaplain





# MATHS TEAM CHALLENGE

Do you know the only 4-digit perfect square that consists of two 2-digit squares written side by side?  
Do you know the only number spelled with its letters arranged in alphabetical order?  
Do you know how many ways 60 can be written as the sum of two primes?  
Do you know the largest 4-digit number that has exactly three factors?

These are just some of the types of questions thirty of our top mathematicians tackled at the annual Maths Team Challenge at St Ursula's on Tuesday May 3. The six teams faced fierce competition from both public and private schools within the region across two rounds of competition: the team event and the relay. Our Junior Team #2 achieved 100% in the first round (an exceptional effort!), whilst the remaining teams agonised over the mistakes they had made and the marks that had been lost. The second round of competition, the 60-minute relay event, tested our best but all teams managed to achieve respectable scores and finished the day with their heads held high.

The Results:

Junior Division (23 teams): Team 1: 158 points (9th place), Team 2: 243 points (1st place)

Intermediate Division (21 teams): Team 1: 99 points (6th place), Team 2: 117 points (4th place)

Senior Division (17 teams): Team 1: 136 points (1st place), Team 2: 99 points (5th place)

Well done to the Junior Team 2 and Senior Team 1 who both won their divisions! A huge thank you to Ms Gorton and Mr O'Brien for their assistance in organising the teams and supervising on the day.

*Samantha Taylor*, HOD Mathematics



# COMMUNITY BREAKFAST



Our FREE COMMUNITY BBQ is on Friday May 20 at 7am at the PAC Building. This is simply an informal event for all family members and CHSHS staff to enjoy community together. Our new 2022 Principal will be in attendance to meet and greet all who come along.

Our next CHSHS COMMUNITY BBQ BREKKY will be happening Term 3 on the August 19, 7am at the PAC Building.

All the family is invited, including fun games for the little ones and coffees for the older ones. See you there!

# INSTRUMENTAL WORKSHOP

On Sunday and Monday (1& 2 May) of the Labour Day weekend, students involved in our Instrumental Music Ensembles participated in two days of workshops with staff and students from the Qld Conservatorium of Music in Brisbane. It was a fabulous opportunity for our students to further develop their skills with specific focus on technique and musicianship. The students participated in ensemble workshops as well as sectionals where they were provided instrument specific tips and instruction from Master Teacher, Mr Ben Marks and a number of tertiary students currently studying at the Conservatorium.

The workshops culminated in a concert performance where the work of the students was showcased to parents and families through ensemble performances by the Stage Band, Concert Band, Senior and Junior Strings and Symphony Orchestra.

We are extremely grateful for the generosity shown by Mr Mark Sullivan and Mrs Stefanie Smith from the Qld Conservatorium of Music, Griffith University, who gave up two days of their weekend to work with our students and share their expertise and musical wisdom. This investment is so valuable and the impact was certainly evident in the concert performances, putting these ensembles in a great position leading into the Fanfare Regional Heats. We'd also like to acknowledge the hard work, commitment and expertise of our two Instrumental Music Teachers, Mrs Jessica Johansen and Mr Naden Gray for their fabulous work with our instrumentalists every week.

*Heidi Law*, Music Coordinator



## DONATE YOUR PRE-LOVED LAPTOPS

Calling all those generous souls who may have a pre-loved laptop at home. CHSHS are keen to receive your preloved laptops as a donation to the school. If you are able to donate a laptop, please bring laptops to the front office and we will deliver them to the IT Staff in the library.

This will be a fantastic opportunity for some of our students to be able to access a laptop to use for their schoolwork. Our Principal Mr Cook, our IT staff and our Learning Hub staff all support this program.

If you have any questions regarding this project, please call Christy Parker, Kirrily Scarff or Bec Hefron at the School on 4636 7500. We thank you in advance for your generosity as the caring CHSHS Community!



# SPECIAL EDUCATION PROGRAM NEWS

Despite an unusual start to the year we have enjoyed welcoming new students and seeing known students return a little taller and ready for 2022. Our focus has been to engage all in a smooth transition back to learning and emerging as young people. Currently, we support 161 young people through the Special Education Program at Centenary Heights State High school. The degree of support varies from child to child and week to week. Our intention is always to ensure that young people know who they can turn to for support on any given day, feel seen, heard and connected to our school culture and community and their learning. Our strategic responses always strive to promote safety, respect and learning – whatever the context.

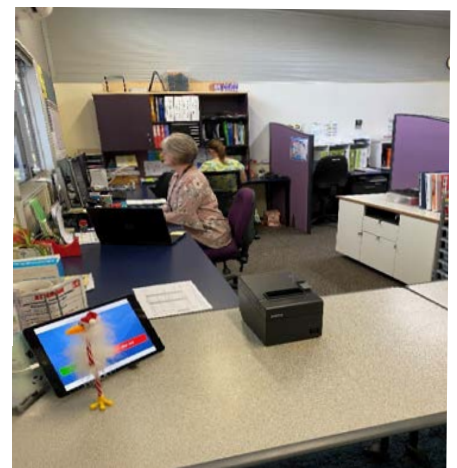
Our Case Managers, Teacher Aides and Administration Staff have spent Term One working to ensure families are aware of support processes in place for their children. Students have experienced smooth transitions into new classroom contexts and connection with the wider school body, events and activities. There are so many wonderful opportunities available to our students here at Centenary Heights and the diverse learning team are keen to ensure our young people are getting involved as they can and desire to – whether that be in the Arts, Sporting or other community activities. Already this year, we have had a trip out to the Empire Theatre and participated in regional Cross Country running events.

Currently we have four students involved in School-Based Traineeships and nine of our students from Year 11 and 12 go to TAFE one day per week. Seven of our Year 11 students have commenced work on their QCIA Certificate and our 20 Year 12s are tracking toward a QCE. Our Year 10 students are facing a turning point in their schooling pathway at the moment. We thoroughly enjoyed meeting with families in Weeks One and Two of Term 2 to discuss Semester Two subject selections and draft Year 11 subject choices.

In the final week of Term 4, 2021, the Special Education Unit moved out of its long-term residence of L Block and into V Block. L Block has been returned back to classroom spaces while V Block now has the satellite front office space, staffroom for all Case Managers and a Teacher Aide lounge and lunch room which houses both Special Education and Learning Support Teacher Aides. Bec Hefron, our Learning Support Facilitation Coordinator has also moved her office to this block. The move to centralise operations and allow for efficient and meaningful engagement between staff has been invaluable. We welcome your visit!

Stay safe and well as the temperatures drop!

*Rachael Mayers*, Deputy Principal Special Services





### SCHOOL OFFICE OPENING HOURS

**Ph: 4636 7500**

Monday to Friday 8.15 am to 3.45 pm

### TEXTBOOK OFFICE OPENING HOURS

**Ph: 4636 7576**

Monday to Friday 8.15 am to 3.00 pm

### P & C UNIFORM SHOP OPENING HOURS

**Ph: 4636 7514**

Monday	8:00 am to 12:00 pm
Tuesday	8:00 am to 12.00 pm
Wednesday	8.00 am to 12.00 pm
Thursday	1.00 pm to 4.30 pm
Friday	Closed

Please note: The shop is closed on pupil free days and the last Thursday of each term.

## UPCOMING EVENTS

<b>MAY</b>	20	Darling Downs State Honours Ensemble Program
	20	Student Resource Scheme second Instalment payment due
	23	Full Formal Uniform Day Year 8
	25	Full Formal Uniform Day Year 12
	26	Full Formal Uniform Day Year 11
	26	Australias Biggest Morning Tea
	27	Full Formal Uniform Day Year 9
	30	Full Formal Uniform Day Year 7 & 10
	30	The Worlds Greatest Shave
<b>JUNE</b>	2	Red Food Day And Free Dress ( Gold coin donation)
	2	Year 11/12 Legal Studies Excursion
	2-4	Musical Performance (The Mystery of Edwin Drood) Empire Theatre
	7	Year 11 RYDA
	8	Student Leaders Meeting
	8	Girls AFL School Cup
	9	Boys AFL School Cup
	9	Year 7 Enrolment Information Evening PAC 5:30PM -7:00PM
	21	P&C Meeting at 6.00pm (Flexi School)
	24	Crazy Hair Day
	24	Last Day of Term