CAREER PATHWAYS UPDATE

A number of changes have taken place within the Careers Office in 2019. With growing school numbers and increasing student engagement in work experience, School-based Apprenticeships and Traineeships (SATs) and external Vocational Education and Training (VET) subject offerings, we have welcomed an additional staff member, Sharyn Mathewson to the ranks. With long term staffer Kellie Selby recently transitioning to work at our Flexi school campus, another new staff member will be welcomed aboard in the coming weeks.

The increase in staffing in 2019 has facilitated there being a specific case manager being appointed to each of the relevant year levels. Already this has meant closer connections being built with year level cohorts, leading to better outcomes for our students. Please feel free to contact the relevant case manager for your child should you have any questions or would like some advice:

- Year 9 and 10: Sharyn Mathewson – 4636 7592 or smath151@eq.edu.au
- Year 11: Mandy Robinson – 4636 7592 or arobi241@eq.edu.au
- Year 12: Temporarily, Dave McMillan – 4636 7582 or dmcmi32@eq.edu.au

It is with much excitement that we announce our new Careers Website as up and running. The website may be accessed at https://www.centheighshscareers.com/.

There is a plethora of information and tools on all things careers including: Career Targets, which allow students to explore the various options available in particular fields, detailed explanations of key senior schooling concepts such as the Queensland Certificate of Education (QCE) and Australian Tertiary Admission Rank (ATAR), information on the range of post school-options available, guidance on Tax File Numbers and the completion of tax returns, key information on work experience, SAT and VET offerings, tools such as a resume and cover letter generator to assist students to successfully prepare for employment and a ‘For Parents’ tab which includes some excellent information that may assist you to have effective conversations with your child around career planning. The site really is a ‘one-stop-shop’, so be sure to check it out!

The continued growth and busy start to 2019 would not be possible if not for our wonderful pool of employers, Registered Training Organisations, Apprenticeship Support Networks and work experience providers who continue to support the range of programs on offer for our students. A special thank you to all!

David McMillan,
Head of Department Career Pathways and Head of Year 8
The morning arrived cold as the students boarded the bus, with the cold weather gear ready to go. The day warmed up (thankfully) with the students' attitudes warming up to the first challenge, walking Girraween National Park, or GNP, for short. The first challenge was inspiring as the students pushed their comfort zones in hiking the scenic Girraween National Park which involved Mission Impossible-esque stunts. It also involved a number of falls and inspirational advice to motivate the students. To recover, we enjoyed the flavoursome wares of the aptly named Pizza Shop, with the option of extra pizzas been used. Pizza was an essential food group, as the night's temperature dropped into single digits, with every ounce of warm gear utilised.

Monday morning dawned clear and started with a bang, with everyone listening to every word coming from Mike Hayes. The students learnt about viticulture and life from the inspirational Mike Hayes who imparted a number of life lessons as well as bamboozling students with his knowledge of the wine industry.

Next stop was exploring the mechanics of wine making and had a close look at the storage process at Symphony Hills. The students also learnt the harsh realities of ensuring the winery is economically viable, in particular when a severe drought is occurring.

To complete the winery tour, we discovered the pleasures of the simpler life with Pyramid Hills winery, enjoying a stroll through the vineyard with their two sociable dogs for company.

Visited the border town of Wallangarra and met the town characters, an Englishman and his two goats who will never be forgotten.

Throughout the trip, the students also discovered the effect that a harsh climate can have, with signs of the drought always present, be it from the dry dams, sparse grass and ‘I’m not sure what I’m going to do’ comments from viticulturists.

Visiting Stanthorpe was a window into the wine industry and the experiences will never be forgotten. Massive thanks to Jeff MacGregor for doing the lion share of work and to the students for making it an enjoyable experience.

Fatima Arabzadeh and Raign Young
Cross Cultural Captains

HARMONY DAY

This year marked our 19th consecutive year of celebrating Harmony Day at Centenary Heights. We started our exciting Harmony week celebrations with an Aussie sausage sizzle kindly hosted by our student council, followed by our Harmony Day parade. The parade was always absolutely amazing! Students presented a spirited blend of beautiful cultural outfits and uplifting performances with cultural song and dance, poetry and the Chinese Diabolo! The hall was filled with such an exciting atmosphere, filled with hundreds of students’ art relating to theme of “Everyone Belongs”. We were honoured to have Kyesha Stewart sing our national anthem for us and hear from our guest speaker Joshua Waters on the focus of this year’s harmony day: languages.

Massive thanks to Jeff MacGregor for doing the lion share of work and to the students for making it an enjoyable experience.

Fatima Arabzadeh and Raign Young
Cross Cultural Captains

YEAR 12 GEOGRAPHY CAMP

The following day, we continued our celebrations with stalls where hundreds of students had the rare opportunity to have their names translated to Chinese calligraphy, watch and experiment with the Chinese Diabolo and receive stunning temporary henna designs. The environment was filled with fun and excitement as students gained insight to some of the beautiful diversity within our school. We sincerely thank the students involved in helping with our parade and courtyard celebrations, as well as the teachers who helped make these couple days possible. We cannot wait to see what lies ahead in celebrating our school’s diversity.

Fatima Arabzadeh and Raign Young
Cross Cultural Captains

Adam Marshall, Teacher
CRAZY HAIR DAY

Our school prepared to conclude Term 1 the best way we know how: Crazy Hair/Hat Day. It is a day that never fails to fill the hall with chatter, laughter and anticipation. The 2019 day was as upbeat and successful as ever. A total of $510.20 was raised and will be donated to one of the many worthy causes chosen by current student leaders.

From the outset, it was clear the competition was going to be fierce, especially with the renowned Nit Wit Trophy, with bragging rights, up for grabs. To spice it up a bit, Student Council members decided on introducing a themed category to encourage widespread participation. 2019 theme: Food. If it was not for the brilliant hosting by, Andrew Corbett and Elliott Pflaum, it is fair to say the energy levels would not have been as high (even with the hair puns)! Quality commentary paired with a comical PowerPoint proved to be the perfect solution to any lack of enthusiasm. Hall decorations and a music playlist guaranteed to please the masses. The Student Council searched for several teachers, with questionable sanity, to be involved in the prestigious teacher auctions, volunteering their hair for an interesting makeover. Our brave volunteers: Mrs Zietsch, Mr Osborn, Miss Rackemann and Ms Walsh. Centenary, we pulled together another morning well worth the investment; teachers and students alike danced, laughed and celebrated.

Year Level Winners:
Nicholas LeDilly (7J), Connor Williams (8J), Spencer Naumann (9A), Kate Greste (10J), Cayleb Fidge (11J) and Amara Smith (12A).

Theme Winners for each Year Level:
Dominic Ross (7D), Jaiden Dobson (8I), Tiana Skinner (9K), Rory Winkler (10I), Holly Lee (11K) and Rifat Islam (12A).

The overall winner of the ‘Nit Wit Trophy’: Connor Williams with an impressive and educational, brainy creation!

Staff Winner:
The wonderful Miss Rackemann, who appeared with plenty of things that she probably did not want in her hair for the rest of the day!

Congratulations to all winners and everyone who either donated money or participated in the parade. Ladies, gentlemen and those who have yet to make up their minds, we look forward to seeing you back next year ... as crazy as it gets.

Hayleigh Roberts,
Student Council Treasurer 2019

ANZAC DAY

On Anzac Day the School Captains, Mitchell Williams and Ingrid Meiklejohn, supported by Vice School Captains, Andrew Corbett and Emily Treadwell, represented Centenary Heights State High School by laying a wreath at the wreath laying ceremony at the Toowoomba Mothers' Memorial.

This ceremony allowed us to pause and give thanks to those that fought for our freedom. Many lives have been lost at war and on Anzac Day and as Australians we proudly thanked those who have served and currently serve in the armed forces.

Andrew Warrell and Bronwyn Blinco,
Heads of Year for Year 12
At the end of Week 3 this term our Year 7 students on Gold Level joined together for the first time to celebrate their achievement, enjoying a ‘sausage sizzle’ lunch together. Students have been set a challenge to remain on Gold Level the whole six years they are at our school.

Week 4 this term, thirty of our Year 7 & 8 students commenced the Bella Girls and Get Real Programs provided & co-ordinated by staff members Jason Berry and Sarah Collins. These programs run parallel with each other every Tuesday during Pastoral Care and provide our young boys and girls with excellent skills and strategies they can apply to both school and life, generally. Also, running at the same time, is an excellent program for a group of our Year 8 & 9 students focusing on developing their critical thinking skills - such wonderful opportunities.

Speaking of opportunities, earlier this term 78 of our students (most were in Year 7 & 8) enjoyed an excellent Chinese excursion to Southbank in Brisbane as part of Buddha’s Birthday celebrations. This day included a host of activities including Tai Chi, Music Workshop, Chinese Art and a Tea Drinking Ceremony providing students with many fantastic cultural experiences to complement their language study.

Later this term it will be a chance for all Year 7 & 8 students studying German to also experience an excursion to enhance their study, this time at Lone Pine Koala Sanctuary. Our Year 9 to 12 students will travel to Brisbane Valley to view a German Film with some of these also travelling to Melbourne in September as part of a Languages and Cultures Tour.

Tim O’Connell,
Head of Department Junior Secondary and Languages

Enjoying the Lion Dance performance at the Suncorp Plaza
Time for some tea - such a great experience for our students to experience the full ceremony.
Our Year 9 students loved their time at Black Forest Hill Cabarlah

It has been an exciting and eventful start to the year for English students at Centenary Heights in 2019. Students have had a number of opportunities to view productions to not only encourage an appreciation for literature and the arts, but to consolidate classroom learning as well. This Year, each year level was treated to performances by the Shake & Stir Theatre Company. Year 12 students viewed Bad Lads, which included scenes from Shakespeare’s Macbeth and Hamlet in readiness for their Term 1 assessment. Year 10 students viewed Romeo and Juliet as part of their Term 1 Studies. Bard Wired, performed for Year 11 students, presented many of Shakespeare’s well-known characters in a modern context. The live performances are always entertaining, and help students to gain an understanding of the power of Shakespeare’s language and themes.

Year 7 students found they could easily relate to Territorial, a play about the transition from primary to high school. School Daze, a performance about high school life, was based on the stories of youth across Australia and entertained the Year 8 cohort. Year 9 students were provided with a thought-provoking production of Unfiltered, about the dangers of social media.

In the lead-up to the 2019 NAPLAN tests for Year 7 and Year 9 students, both year levels have completed persuasive writing tasks in Term 1, followed by an introduction to narrative writing in Term 2. This year, for a change, students were asked to write a narrative - ask your child what he/she wrote for the response this year.

Kathleen Hannant,
Head of Department, English and International
A reminder that if students wish to trial for a Central Zone, TSSS or Darling Downs team, they are required to listen to student notices, collect a nomination package from F Block noticeboard or download a copy from the school website in the sport section. No late nominations will be accepted as all trials are advertised for at least one week prior to the nominations actually closing. It is the student’s responsibility to submit forms completed. All sport dates are listed on our Sport Calendar on the school website. There is also a power point on the school website that explains our sport processes at CHSHS.

When paying for trials and school teams, students are to pay at the textbook office first and then take forms to Mrs Bartlett at F Block.

DARLING DOWNS
Congratulations to the following students on their selections into various DD Teams:

Jacob Sykes (Triathlon), Jaiden Fidge ( Orienteering ) Charlotte Weinand (Soccer), Sophie Brennan and Millie Evans (Touch). Sarah Browne, Courtney Browne and Jami Parker (AFL).

A great effort from these students as this is always a difficult task to make these representative teams.

FITNESS TRAINING
Fitness training is currently being offered on a Tuesday and Friday morning at 8am on the bottom oval at CHSHS. This is open to any student in any grade who would like to prepare for our school events such as cross country and track. It is also a good opportunity for increasing general fitness levels for overall health or for outside school sports. All welcome.

FRIDAY NIGHT BASKETBALL
At the end of last term, we had two teams play in the Grand Final for the Friday Night Basketball competition. Our Yr 7/8 Girls team put up a valiant fight against a very tall St Joseph’s team but eventually settled for a very commendable Runners Up result. The Yr 9/10 girls team started the final with a bang and produced a strong lead that they managed to maintain for nearly the entire game. In the last quarter, they had the crowd biting nails as Fairholme nearly fought back to take the game. Experience and patience in the last minute saw the girls as Champions for 2019. A very solid season and a team of talented young ladies. Thanks to all those who came to support.

Special mention to Mr Curthoys for training our Yr 7/8 Boys and Girls teams this season. Special thanks also to Mr Joseph and Mrs Heamden for looking after our Yr 9/10 Girls team.

THANKS TO MR O’CONNELL, MISS BRADICK, MISS WAITE, MRS MAYERS AND MRS STORY FOR GIVING UP THEIR TIME TO SUPERVISE ON ROSTERED FRIDAY NIGHTS SO THAT OUR TEAMS ALL HAD THE OPPORTUNITY TO PLAY.

Other results:
Yr 7/8 Boys Semi Finalists
Open Boys Quarter Finalists

PARTICIPATION IN SCHOOL SPORT TEAMS
This is a reminder to all parents and carers that to participate in a school team, the following is required.

As with participation in all extracurricular options for students to be eligible full commitment to their program of learning, school fee payment up to date and behaviour level on Gold or Green are requirements. If students have assessment on any extra curricular sport day, the assessment will take priority.

To participate in school teams, students are required to turn up to meetings and trials and be prepared to attend all required training sessions leading up to competitions.

VOLLEYBALL
We have four teams currently competing in the Tuesday Night Volleyball competition. Thanks to Miss McKeon and her band of willing staff members who are enabling students to train for and participate in this competition. Teams continue to improve each week and we look forward to seeing how they go towards the back end of the season.

T20 CRICKET SEMI FINALS
Congratulations to our Junior Cricket teams who played their Semi Finals of the Darling Downs and South West Cricket T20 Competition against Downlands at the end of last term. Whilst the boys performed well, they did not come away with the win and a finals berth. Thanks to Mr Russell for coaching the boys.

Our Senior team played their Semi Final early this term and have been successful in winning their Semi Final. Good luck to the boys and their coach Mr van Dorsselaer as they play in the Grand Final.
SPORT Report cont.

WEDNESDAY AFTERNOON FOOTBALL COMPETITION
Each Wednesday afternoon this term, Mr Osborn and the Open Boys Football team are playing in a local schools competition at Downlands College. They played their first game this week against Highlands Christian College. The boys were down 3 goals to 1 and in true Centenary Heights spirit, fought back to end the game in a 3 all draw. We will keep you posted how the boys play each week.

RUGBY LEAGUE
Our Under 15 Rugby League team starts their 2019 De Vere Cup campaign in Week 4. The De Vere Cup involves playing a range of schools from the South East corner over a period of about 6 weeks with finals at the conclusion of round games. Boys head to Cahill Park to play their first round game on May 15. The boys have been training since the beginning of the year in preparation for this competition. We wish the team, along with Costa and Mr O’Brien, the best of luck for their term of Rugby League each Wednesday.

Each Wednesday, our Yr 7/8 team are also playing Rugby League, in a local competition against others schools in our Toowoomba District. Mr Marshall and the boys began their campaign last week. We will keep you updated on results as the term progresses.

TOUCH FOOTBALL TRIALS
Currently trials are being called for our 13, 15 and Open Touch teams in preparation for team selections to prepare for South West and Queensland All Schools Touch competitions.

ATHLETICS NOMINATIONS FOR STUDENTS BORN 2007
Friday May 17 was the Athletics Nomination Carnival for all students born 2007. This is an extra sporting event on our school calendar. Every seven years or so, the National Athletics Championships are held in Darwin. Due to the time of year Nationals is normally held, Darwin is too hot. This means that the National Athletics is moved forward. Due to this, State, Regional, District and therefore school carnivals all have to be held earlier than usual. This being said, our CHSHS Annual Athletics Carnival has not changed but we had allocated May 17 for all students born 2007 to trial for all Athletics events to be able to nominate for the Central Zone Athletics Trials on Wednesday June 5. All students born 2007 were involved on the day.

BOYS AFL GALA DAY
What a wonderful day of AFL played by our Junior and Senior AFL teams on Friday May 3! Both teams were impressive to watch. Junior boys remained undefeated all day coming out eventual Champions of the day. Our Senior boys unlucky to just miss out on the Grand Final but they won the play off for third. A great day and special thanks to Mr Sykes and Mr Russell for their time and effort in organising and coaching on the day. Our CHSHS Junior AFL boys team now progresses to the State Finals series on August 6. We wish them well in their training for this next step.

CROSS COUNTRY
Beautiful conditions made the 2019 Cross Country and Fun Run a pleasure for participants at both venues. Thank you to staff for their excellent support and assistance as students moved around both tracks. All students were involved at both Cross Country and the Fun Run, with some fantastic times and distances being run. Some Fun Run students even made it through 15 x 1km laps over the course of the afternoon. Well done students for your efforts at both events.

Keameys Spring Competitive: 1st Kenny, 2nd Curran, 3rd Thompson, 4th Swartz
Fun Run - CHSHS: 1st Curran, 2nd Swartz, 3rd Kenny, 4th Thompson
Overall Winning House: 1st Curran, 2nd Kenny, 3rd Swartz, 4th Thompson

Chris Bartlett,
Sports Coordinator

mark your diaries

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